Transcript for the cornrow plaiting video

# Cornrow plaiting

### Undertake a consultation

In this video we will demonstrate how to create cornrow plaiting. Plaiting is a form of braiding or weaving hair. It’s important to understand and confirm your client’s desired look during consultation. Always check the condition of the hair and scalp during client consultation. Examine the hair texture, type and volume. Look out for any skin conditions like eczema or psoriasis. Any lumps, moles, cuts or abrasions may also limit the services available to the client. Ask the client if they’re aware of any such conditions. Also, be wary of traction alopecia before proceeding. A condition of hair thinning or hair loss due to excessive tension on the hair follicle. This can be a result of wearing the hair in tight plaits or twists.

### Technique for creating a cornrow plait

Having combed your client’s hair through evenly from the roots to the ends, making sure that it is free of tangles, spray it with hairspray to smooth the hair if required.

On the head where you’re going to place the cornrow section off a narrow channel of hair from the front hairline. Use flat clips or a bobble to secure any other hair out of the way.

Take a small section from the front and divide into three. Complete the first revolution using a suitable and even tension. Pick up a small section from the channel. Add this to the middle strand and complete a revolution, applying the same even tension to achieve a consistent look.

Repeat this until you have reached the desired point then secure the hair with a covered band.

Use a tail comb to smooth the corn rows. Add any grips if needed. Complete the other cornrows in the same way and, finally, spray the hair to fix the style in place.

### Provide aftercare advice

Check that the client is happy with the results and be sure to provide aftercare advice on the best way to maintain the style and to remove the cornrows.

#### Transcript ends 0:02:51.8